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[Bhante Punnaaji](#)

Ven. Dr. Madawela Punnaaji Mahathera
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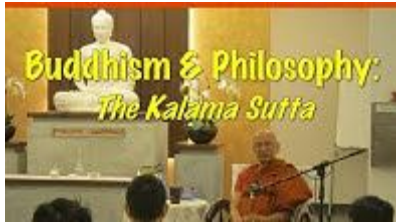
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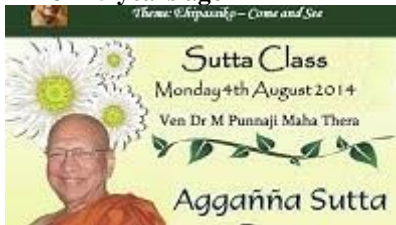
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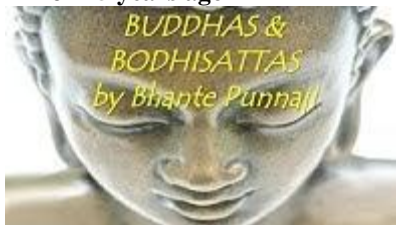
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• [AGGAÑÑA SUTTA - Part 1 \(4-Aug-2014\) by Bhante Punjabi](#)

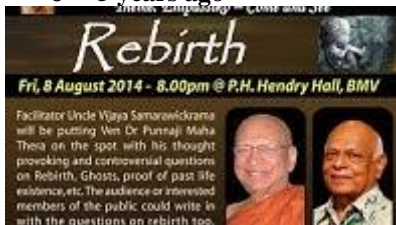
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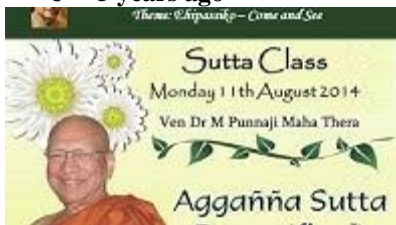
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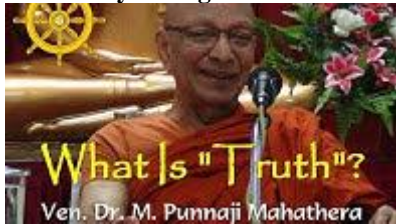
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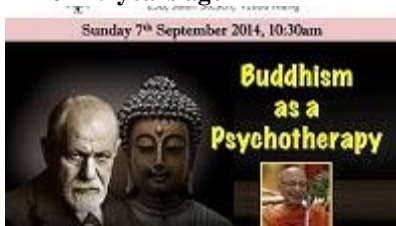
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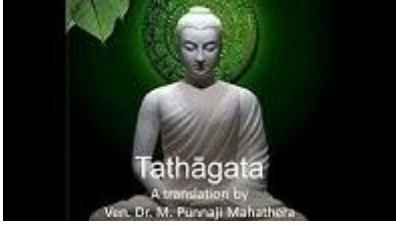
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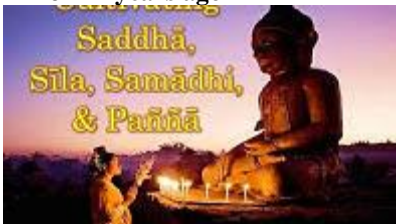
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[Q&A Forum: Sammā Sankappa 11th August 2015 \(Session 3\)](#)

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[MN43: MAHĀVEDALLA SUTTA - Part 2 \(3-August-2015\) by Ven. Dr. Punnaji Mahathera](#)

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MN44: Cūlavedalla Sutta 1:09:25

[MN44: Cūlavedalla Sutta - Part 1 \(Ven. Dr. Punnaji\) 24th August 2015](#)

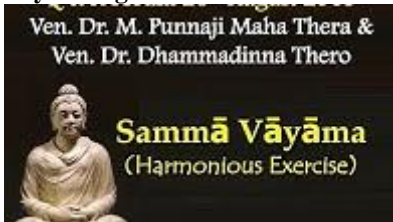
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[Q&A Forum: Cultivation of SĪLA - 25th August 2015 \(Session 4\)](#)

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[Q&A Forum: Sammā Vāyāma - 26th August 2015 \(Session 5\)](#)

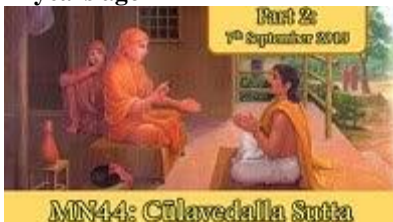
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[Q&A Forum: Sammā Sati & Sammā Samādhi - 1st Sept 2015 \(Session 6\)](#)

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[MN44: Cūlavedalla Sutta - Part 2 \(Ven. Dr. Punnaji\) 7th September 2015](#)

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[Paṭicca Samuppāda \(simplified version\) by Bhante Punnaji at BMV on 12-June-2017](#)

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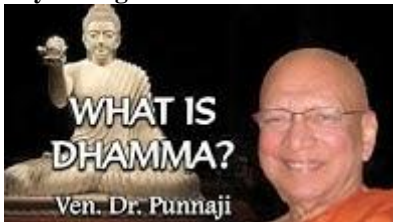
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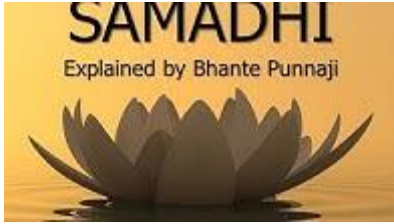
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[MN12 - MAHASIHANADA SUTTA \(The Greater Discourse on the Lion's Roar\) by Bhante Punnaji](#)

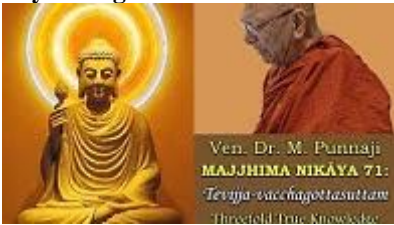
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- 14:05
- [Bhante Punnaji explains the translation of "SAMADHI"](#)
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- [Bhante Punnaji explains the meaning of Āsava \(*sanskrit: Āsrava\)](#)
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- [MN71 Tevijja-vacchagotta Sutta by Bhante Punnaji on 2-Oct-2017](#)
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- [MN72 Aggivacchagotta Sutta by Bhante Punnaji on 9-Oct-2017](#)
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- [ĀNĀPĀNASATI SUTTA by Bhante Punnaji - PART 1 of 2 \(13 May 2013\)](#)
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- [ĀNĀPĀNASATI SUTTA by Bhante Punnaji - PART 2 of 2 \(20 May 2013\)](#)
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[MN73 Mahavacchagotta Sutta by Bhante Punnaji on 16-Oct-2017](#)

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[MN8 Sallekha Sutta by Bhante Punnaji on 23-Oct-2017](#)

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2:26:24

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11:40

[RETREAT DAY 1: INSTRUCTIONS](#)

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14:59

[RETREAT DAY 1: PERCEPTION, CONCEPTION, COGNITION](#)

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[RETREAT DAY 1: PAPANCA, SANNA, SANKHA](#)

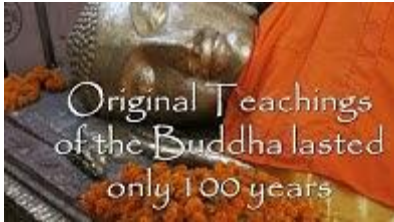
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[RETREAT DAY 1: JHANA](#)

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12:11

[ORIGINAL BUDDHA'S TEACHINGS LASTED ONLY 100 YEARS](#)

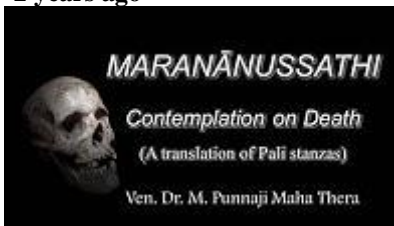
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8:42

[RETREAT DAY 2: MARANANUSSATHI](#)

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[RETREAT DAY 2: ASUBHA & KALEBARA BHAVANA](#)

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5:07

□ [RETREAT DAY 2: PLEASURE & PAIN](#)

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□ [RETREAT DAY 2: ADVICE ON FACING DEATH](#)

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□ [RETREAT DAY 4: SUPER-EGO \(HIRI OTTAPPA\)](#)

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14:48

□ [BHANTE PUNNAJI MEDITATION RETREAT DAY-3 \(17-DEC-2017\)](#)

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2:03:01

□ [BHANTE PUNNAJI MEDITATION RETREAT DAY-4 \(18-DEC-2017\)](#)

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38:39

□ [RETREAT DAY 4: GAINING CONTROL OVER EMOTIONS](#)

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1:12:54

□ [BHANTE PUNNAJI MEDITATION RETREAT DAY-5 \(19-DEC-2017\)](#)

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1:33:36

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1:17:19

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- [BHANTE PUNNAJI MEDITATION RETREAT DAY-7 \(21-DEC-2017\)](#)

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18:51

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- [RETREAT DAY 7: AWARENESS OF THE REALITIES OF LIFE](#)

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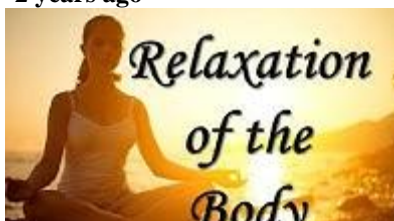
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15:55

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- [RETREAT DAY 8: CULTIVATION OF BRAHMA VIHARA](#)

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[RETREAT DAY 5: RELAXATION](#)

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[Lesson #1: MN 9 Sammaditthi Sutta by Bhante Punnaji \(8-Jan-2018\)](#)

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[Lesson #2: Sammaditthi Sutta with Bhante Punnaji & Bhante Seelawimala \(15-Jan-2018\)](#)

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[Lesson #3: Sammaditthi Sutta by Bhante Punnaji \(22-Jan-2018\)](#)

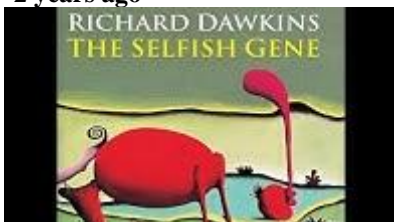
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[RETREAT DAY 5: FIVE HINDRANCES](#)

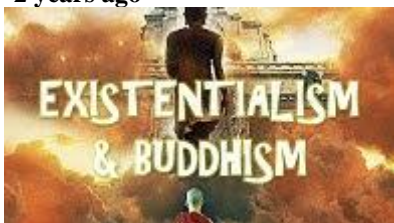
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[RETREAT DAY 5: SELFISH GENE](#)

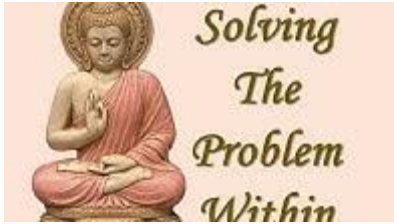
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[RETREAT DAY 5: EXISTENTIALISM & BUDDHISM](#)

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9:03

[RETREAT DAY 6: SOLVING THE PROBLEM WITHIN](#)

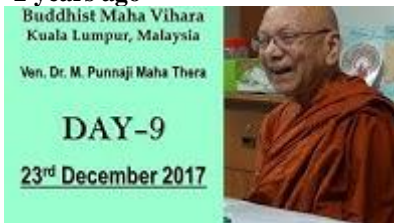
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[RETREAT DAY 9: THE BUDDHA'S AWAKENING](#)

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[BHANTE PUNNAJI MEDITATION RETREAT DAY-8 \(22-DEC-2017\)](#)

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19:24

[RETREAT DAY 8: AWAKENING FROM THE DREAM OF EXISTENCE](#)

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30:00

[RETREAT DAY 8: METTA BHAVANA \(UNIVERSAL BENEVOLENCE\)](#)

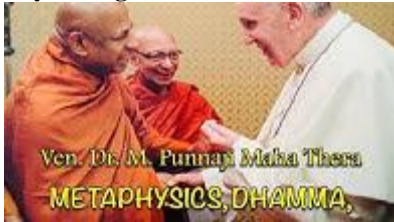
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[BHANTE Q&A SESSION AT BUDDHIST MAHA VIHARA](#)

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48:02

[Bhante Punaji on Metaphysics, Dhamma, and Philosophy \(2-Oct-2017\)](#)

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1:06:21

[Lesson #4: Sammaditthi Sutta by Bhante Punaji \(29-Jan-2018\)](#)

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- 2 years ago



50:04

[BHANTE PUNNAJI MORNING YOGA EXERCISE](#)

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4:28

[EMOTIONS CONTROL THINKING](#)

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5:16

[ANICCA, DUKKHA, ANATTA by VEN. DR. PUNNAJI MAHA THERA](#)

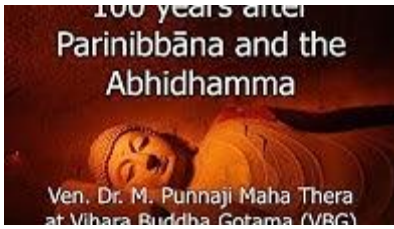
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10:14

[BHAVA PACCAYA JATI \(BEING GIVES RISE TO BIRTH\) BY BHANTE PUNNAJI](#)

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□ Ven. Dr. M. Punnañi Maha Thera at Vihara Buddha Gotama (VBC) 9:49

□ [100 years after Parinibbāna and the Abhidhamma with Bhante Punnañi](#)

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□ Ven. Dr. M. Punnañi Maha Thera 3:20

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□ [What is the difference between Sañña and Viññāna by Bhante Punnañi](#)

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□ [Parimukham Satim Upatthapetvā explained by Bhante Punnañi](#)

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□ [SECOND LAST SERMON BY THE LATE VEN. DR. MADAWELA PUNNAJ MAHA THERA](#)

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□ [BHANTE PUNNAJI LAST SERMON 26TH JULY 2018](#)

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☐ [Aniccā Vatha Sankhārā Ven. Dr. M. Punnañi Maha Thera](#)

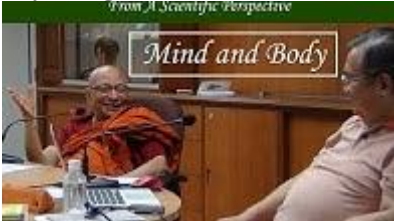
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1:02

☐ [Aniccā Vata Sankhārā Ven. Dr. Madawela Punnañi Maha Thera](#)

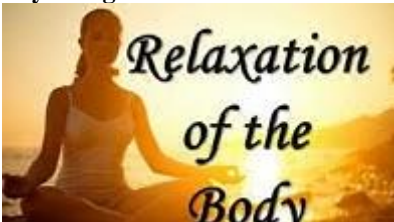
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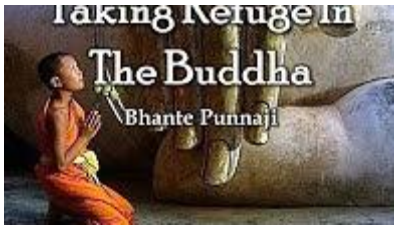
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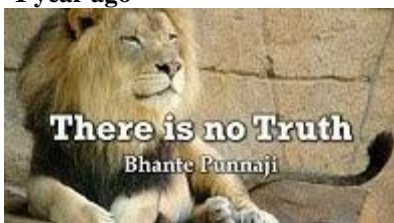
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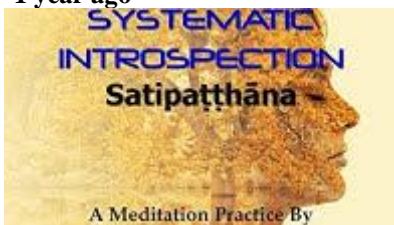
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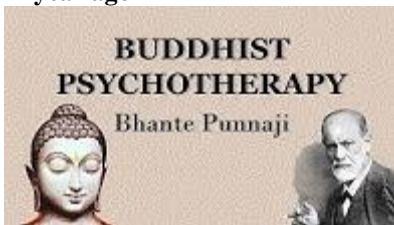
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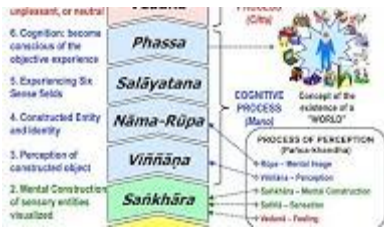
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